

FULL SPECTRUM ENERGY MEDICINE

"Playing the Fields" ... the subtle energy fields.

January 2008

"Playing the Fields"

Subtle Energy Medicine

- We invite your input. Comments, tips and stories about healing and general interest are welcomed.
- Tell us which topics you would like discussed on the web or in the next bi-monthly newsletter.
- Email info@fullspectrumenergymedicine.com.
- Invite your friends and family to subscribe to the newsletter.

Inside this issue:

Subtle Energy Medicine	1
Light and Sacred Geometry	1
Voice Analysis	2
DNA—Genographic Project	2
Immunity	3
Light Grid	3
Sustainability	3

Many of you have asked if we have a website. Finally, we're almost ready to launch an informative venue for you to keep abreast of exciting new modalities for wellbeing, growth and living life more fully.

The title "Playing the Fields" came to me as a notion that while healing is a serious matter, the process can also be enjoyable and even fun.

"Playing the Fields" is a "play" (no pun intended) on the romantic notion "playing the field" — in other words, exploring and searching until you find who or what you want and like, and who or what brings you happiness and wellbeing—satisfaction, contentment, joy!

Today, we live in an information kingdom and are blessed with so many wonderful modalities to detect imbalances, restore harmony and maintain energetic equilibrium in our lives.

"Playing the Fields" refers to applying the frequencies and waveforms missing or weak in our subtle energy field—the "software"

that allows our body and spirit — the hard drive — to continue functioning well and reliably for years on end.

Just as technology requires updating, so do our subtle energy bodies, especially as consciousness evolves. There is even evidence that our "code" or program — DNA — is being rewritten. Watch for bibliographies on various aspects of nourishing the subtle energy body to be posted on our website.



Imagine color, sound and light measured in specific doses as a viable means to nourish and sustain your subtle energy field!

Light and Sacred Geometry Shape Our Lives

Sacred Geometry has been a topic dear to my heart for as long as I can remember. Since childhood, the sacred shapes of creation have been dancing in my head, almost breathing colors so vibrant there is not yet any description on earth to describe their brilliance.

Plato taught about five basic shapes which have come to be known as the Platonic Solids. But there are thousands of more

complex shapes which, when combined with another of among two thousand or so colors, hold the potential for creating a whole new world—a macrocosm as well as a microcosm. I have been studying and implementing this language and invite you to explore the astonishing healing potential a personalized grid offers. Create new relationships, a new car or home, more joy, better health. *Cont. on Page 3*

What does your voice say about you?

Did you ever think about your voice in terms of a fingerprint? It's true. Our voices are unique to us and reflect our state of physical health as well as our "connectedness" - our wholeness.

Recall the vibrancy of children's voices, the clarity of a talented singer, the shrillness of your not-so-favorite authority figure. Their voices sing out their soul and state of mind.

I discovered voice analysis

in 2002 after my mother passed away. I was feeling exhausted, and a voiceprint revealed which nutrients were deficient and needed to be replenished. More interestingly, my voiceprint showed an excess of digoxin, a heart medication I had NEVER taken, but did handle daily for my mother for six years. Its frequency imprinted in my energy field; the substance itself had entered my subtle energy body as well as gained entry to my physical body through the skin.

How to remove it from my voiceprint—a barometer of my subtle energy body—and from my physical body? Simple, administer the inverse frequency of the medication to cancel it.

The inverse frequency was programmed into a tonebox along with other nutrients I needed; over a two-month period, I applied them to my energy field by having the tone box transform the audible tones into vibrations/oscillations as I slept. (You can also listen to tones).

Sound therapy holds unlimited potential for optimizing nutrient absorption as well as hard to treat disorders.

To record and analyze the waveforms which constitute your "sound signature", we have a specialized computer software program and precision calibrated microphone to capture the required 15-second voiceprint. Analysis quickly reveals any toxic elements, emotional components, and nutritional deficiencies. **THIS IS THE MEDICINE OF THE FUTURE!**

Global DNA

National Geographic is sponsoring a project global in scope to trace "deep ancestry". The project, funded by the Waitt Family Foundation, intends to gather proof that all races are connected. Dr. Spencer Wells directs the research.

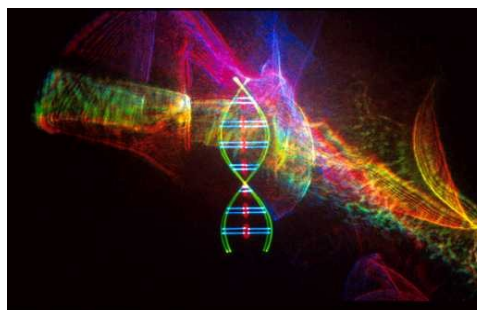
DNA specimens are easily obtained by swabbing

the mouth for a saliva sample. Anyone can order a Genographic Kit by visiting the web. <http://www.nationalgeographic.com/genographic/>

We will discover if we are related. Founders Gateway Computer Chairman, Ted Waitt, and his wife Joan, fund this vast undertaking which focuses on human-

kind's past, present and future. They hope that its findings reveal untapped possibilities for the future.

Note: DNA responds to a specific octave using sound.



DNA depicted colorfully.

Hereditary disorders respond favorably to DNA healing. It is rapid, efficient and permanent.

Colorstology

Looking for a unique idea to wish a loved one or friend a Happy Birthday? Go to <http://www.colorstology.com> to download a colorful greeting card. This is based on Pantone color charts and Michelle Bernhard's book "What Your Birthday Color Says About You". Look out, Hallmark™! These greetings are fast and free!

GIVE HEALING

What better time than now to encourage a family member or friend to take care of him or herself! Pick up a gift certificate while at your session, or call and we will mail it on your behalf. Consider a series of sessions for even deeper results.





We're digitally brewing!
Look for us on the web!

"Every illness is a musical problem, — Its cure [is] a musical solution." -

Novalis (Georg Philipp Friedrich Freiherr von Hardenberg b.1772 – d.1801) German poet.

Watch our new website for



link to Bioneers (<http://www.bioneers.org>), a non-profit organization dedicated to networking individuals who choose a responsible lifestyle for the preservation of their local communities and stewardship of our planet.

This group is a logical companion to the Alliance for a New Humanity for positive global change.

Winter is here—Boost your immunity

With the onset of colder weather, it makes sense to start early to boost our immune systems, get plenty of rest, and continue to drink water even if the heat of summer has taken our thirst – a sensible reminder– on vacation with it.

Among the supplements which readily come to mind are vitamin C, vitamin E, colostrum, and zinc. Echinecea is always

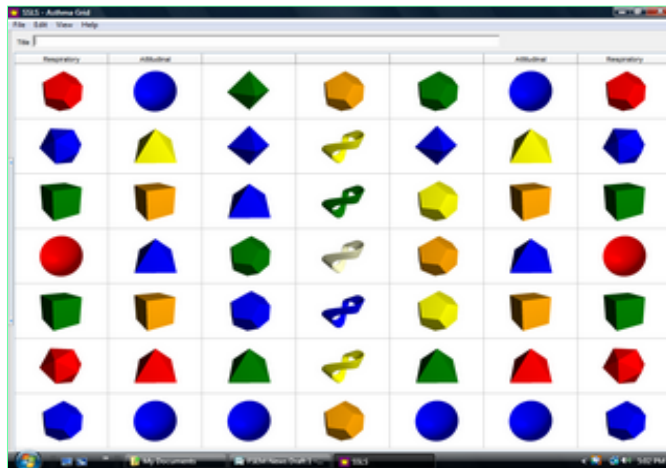
a reliable standby for boosting our defenses against those nasty bugs. Remember that this herb should only be taken for short periods (not more than 7 consecutive days). For longer-lasting help in strengthening immunity, count on astragalus.

Sore throat ? At the first nagging sign, dip a clean Q-Tip into a bottle of tea tree oil and swab the back of the throat. (If you are

a gagger, remember to breathe through the nose while applying the oil.) The potent taste will pass within 30 seconds, and it is well worth the benefit.

Another highly effective yet lesser known remedy is oil of cajeput. This oil applied to the sinus area often relieves congestion, especially if there is fungal involvement. Call (610) 275-3371 to reserve your bottle today.

Sacred Geometry (cont. from Page 1)



49-shape grid to heal asthma. Each shape and color effect multi-dimensional changes to heal asthma. Once a grid is created, it takes a minimum of 28 days to filter into physical reality. *Tradition from sacred, ancient Mayan teachings.*

SUSTAINABILITY
To join: Alliance for a New Humanity, PMB 233, 701-1 Ponce de León Ave, San Juan, PR, 00907, Tel: (787) 722-7728

[www : http://www.anhglobal.org](http://www.anhglobal.org).

NEWSLETTER / E-ZINE

To subscribe, send email to: info@fullspectrumenergymedicine.com by February 24th. **FUTURE NEWSLETTERS AVAILABLE ONLINE ONLY.** We conserve paper and privacy. We respect your privacy and do not share your name or email-address with third parties.

Full Spectrum Energy Medicine

P. O. Box 802

Blue Bell, PA 19422-1802 USA

Tel: 610-275-3371

E-mail: info@fullspectrumenergymedicine.com

<http://www.fullspectrumenergymedicine.com>



Printed on recycled paper

To:

Full Spectrum Energy Medicine – sustenance for your subtle energy body



Veronica Sauter, Ph.D.

Board Certified Traditional Naturopath

Master Herbalist

Serving the holistic community since 1995. Private and long-distance sessions, Housecalls for those when seriously ill. Call (610) 275-3371 to schedule your appointment.

Following graduation from college in 1975 with a major in Spanish literature, Veronica enjoyed a successful 17-year career in mainstream medicine. She traveled Europe, Mexico and Latin America and U.S. as a sales specialist in bone plates for craniofacial and maxillofacial reconstructive surgery and oral implantology. It was through witnessing first-hand how the human body repairs following trauma and invasive surgery that gave her a full appreciation for the body's innate healing potential.

She has extensive experience in marketing consulting and medical translation for medical product manufacturers. She earned M.A. and Ph.D. degrees in Spanish Literature at Bryn Mawr College. Her doctoral dissertation, published in 1997, is the first critical edition of an obscure historical play (1604) by Spain's most famous dramatist. Currently, she is writing a book on the subtle energy medicine of our future.

After graduating from the Barbara Brennan School of Healing in 1995, Veronica studied numerous healing modalities including: Cranio-Sacral Therapy, Manual Lymph Drainage, Kinesiology, Color, Light and Sound Therapy, Comprehensive bio-energetic analysis, Aromatherapy, DNA healing, Flower Essences, Homeopathy, Iridology and Sclerology, and Herbal Medicine and completed requirements for board certification in Naturopathy. Her life-long love of learning continues. She is available for lectures on alternative healing modalities and for group coaching for employees to encourage preventative care.